

# 2016 POWER SMART MANITOBA SUMMER GAMES

## SWIMMING TECHNICAL PACKAGE

### 1: SPORT – SWIMMING

Pool Training Dates	August 10, 2016
Pool Competition Dates	August 11 & 12, 2016

### 2: PARTICIPANTS

2.1 Four Swimmers will be selected in each gender / age category listed below

Category	Female - year of birth	Male - year of birth
Youth	2004 – 2005	2003 - 2004
Junior	2002 – 2003	2001 - 2002

2.2 Competitors per Region

Female: 8                      Male: 8

2.3 Staff per Region

Coaches: 2                      Manager: 1

If there are female athletes, one staff must be female  
If there are male athletes, one staff must be male

### 3: ELIGIBILITY

#### 3.1 Swimmer Eligibility

- \* All Swimmers must meet eligibility rules as outlined in the PSMG Eligibility Policy.
- \* All Swimmers must be registered and be members in good standing with Swim Natation Canada and Swim Natation Manitoba for the 2015 – 2016 season.
- \* All Swimmers must be registered in the PSMSG registration system.
- \* For games purposes, Swimmers will be affiliated with the region in which they reside, independent of which swim team they are a member of.

Swim Natation Manitoba defines “Residence” as the place where one normally sleeps and eats. Regional boundaries can be found on the Sport Manitoba website at [www.sportmanitoba.ca](http://www.sportmanitoba.ca).

3.2 **Excluded** from the Power Smart Manitoba Summer Games are Swimmers that:

- \* Have competed on a Swim Natation Manitoba Provincial Games Team
- \* Participated at a Prospects West Camp
- \* Qualified for: Canadian Age Groups, West / East Speedo Championships, Canadian Senior Nationals.

3.3 **ATHLETE SELECTION**

- \* FINA short course point score in any individual PSMSG event from each gender and age category shall be used to determine the following:
  - The first swimmer selected will be the highest scoring swimmer in any individual PSMSG event from each gender and age category.
  - The second swimmer selected will be the second highest scoring swimmer in any individual PSMSG event from each gender and age category.
  - The third swimmer selected will be the third highest scoring swimmer in any individual PSMSG event from each gender and age category.
  - The fourth swimmer selected will be the fourth highest scoring swimmer in any individual PSMSG event from each gender and age category.
- \* Should there be a tie in point scores for the fourth swimmer selection spot, the swimmer with the next highest scoring swim will be selected.
  - I.E: Swimmer A and Swimmer B tie point scores for the fourth and fifth positions in an age group and Swimmer B has the next highest scoring swim, in a different PSMSG event. Swimmer B would then be selected to the team and Swimmer A would not be selected.

**NOTE:** If the selection criteria above, fails to select a full team, Regions may elect to fill spots by adding their alternate Swimmers from the Youth category moving up to the Junior category based on highest to lowest FINA short course point scores from an individual PSMSG event. Not to exceed the fill policy permitting up to 10 swimmers per gender and no less than 1 swimmer in each gender / age category.

### 3.4 ATHLETE SELECTION DEADLINE

- \* All potential eligible athletes must register through the Power Smart Manitoba Summer Games online registration system. Registration opens May 2, 2016 and closes June 15, 2016.
- \* ALL potential eligible athletes including alternates, must be registered into the system prior to June 15, 2016.
- \* The deadline for final Regional Team selection is Monday June 27, 2016. Alternates may remain on the roster list until the entry deadline of July 13, 2016, thereafter Regions must submit their final roster list directly to Swim Manitoba along with their entries.

### 3.5 SELECTION MEET

A selection meet for the Regions Summer Swimmers requiring current times will be held **Saturday June 25, 2016 at the following Regional locations:**

Interlake & Eastman	Central & Parkland & Westman	Norman	Winnipeg
Selkirk MB	<del>TBC</del> Selkirk MB	* NA	* NA

Each Region will submit 25m times from 2015-2016 season

- \* All entries must be from a 25 meter event

### 3.6 COACH ELIGIBILITY

- \* All Coaches must be 18 years of age or older as of July 30, 2016
- \* All Coaches must meet eligibility rules as outlined in the PSMG Eligibility Policy.
- \* All Coaches must have completed the online Respect in Sport Course by March 1, 2016. [www.coachingmanitoba.ca](http://www.coachingmanitoba.ca)
- \* All Coaches must be certified Swimming Level 1 Fundamentals Coach by May 29, 2016. <http://www.swimming.ca/en/nccp-course-registration>
- \* All Coaches must complete the Power Smart Manitoba Summer Games screening process.
- \* All Coaches must commit to providing 24 hour supervision of their Regional Athletes.

- \* All Coaches must be a member of CSCTA, Swimming Canada and Swim Natation Manitoba and registered in the PSMSG registration system.

### 3.7 COACHES SELECTION

- \* Coaches will be selected based on a written application to the Executive Director of Swim Manitoba using the template provided at [www.swimmanitoba.mb.ca](http://www.swimmanitoba.mb.ca).
- \* Application Deadline is April ~~19~~, 2016.
- \* Coach selection will be made by Swim Nation Manitoba as soon as possible thereafter.
- \* For games purposes, Coaches may only apply to coach for the region in which they reside, independent of which swim team they are a member of. Swim Manitoba defines “residence” as: the place where one normally sleeps and eats. Regional boundaries can be found on the Sport Manitoba website at [www.sportmanitoba.ca](http://www.sportmanitoba.ca).
- \* Preference will be given, where possible, to developing Coaches not previously selected to an SNM Provincial Team.
- \* The decision of the SNM Executive Director will be final.

### 3.8 MANAGER ELIGIBILITY

- \* All Mangers must be 18 years of age or older as of July 30, 2016.
- \* All Managers must meet eligibility rules as outlined in the PSMG Eligibility Policy.
- \* All Managers must have completed the online Respect in Sport Course by March 1, 2016. [www.coachingmanitoba.ca](http://www.coachingmanitoba.ca)
- \* All Managers must complete the Power Smart Manitoba Summer Games screening process.
- \* All Managers must be registered in the PSMSG registration system.
- \* All Managers must commit to providing 24 hour supervision of their Regional Athletes.

### 3.9 MANAGERS SELECTION

- \* Managers will be selected based on a written application to the Executive Director of Swim Manitoba using the template provided at [www.swimmanitoba.mb.ca](http://www.swimmanitoba.mb.ca)
- \* Application Deadline is April 19, 2016.
- \* Manager selection will be made by Swim Nation Manitoba as soon as possible thereafter.
- \* For games purposes, Managers may only apply for the region in which they reside, independent of which swim team they are a member of. Swim Manitoba

defines “residence” as: the place where one normally sleeps and eats. Regional boundaries can be found on Sport Manitoba website at [www.sportmanitoba.ca](http://www.sportmanitoba.ca).

- \* Preference will be given, where possible, to developing Managers not previously selected to an SNM Provincial Team.
- \* The decision of the SNM Executive Director will be final.

#### 4.0 COMPETITION

##### 4.1 Rules

Rules will be in accordance with Swimming Natation Canada Rules and Regulations at the time of the Game.

##### 4.2 Sanction

The competition is sanctioned by the Provincial Section under the jurisdiction of Swimming Natation Canada.

##### 4.3 Event Format

The following events will be held at the Games Day 1 & 2 and will be swum in a 25 meter format with additional lanes available for warm up and cool down.

##### 4.4

<b>Day 1 PRELIMS</b>	<b>Day 1 FINALS</b>
100 Back	100 Back B & A Final
50 Breast	50 Breast B & A Final
100 Fly	100 Fly B & A Final
50 Free	50 Free B & A Final
100 IM	100 IM B & A Final
400 Medley Relay - Time Final Mixed 4 Junior & 4 Youth	200 Free Mixed Relay – Time Final
<b>Day 2 PRELIMS</b>	<b>Day 2 FINALS</b>
100 Breast	100 Breast B & A Final
50 Back	50 Back B & A Final
100 Free	100 Free B & A Final
50 Fly	50 Fly B & A Final
400 Free Relay - Time Final Mixed 4 Junior & 4 Youth	200 Medley Mixed Relay – Time Final

##### Seeding

- \* All individual and relay events will be seeded slowest to fastest.
- \* All individual events will be senior seeded by gender in the preliminaries and then split into categories for finals.

#### 4.5 Entries - Individual Events

- \* The procedure and deadlines for event entries, will be set by the Organizing Committee in accordance with Swimming Canada Rules.
- \* All individual events will be run as heats and B - finals and then A – finals.
- \* Each swimmer may compete in up to 3 individual events plus relays per day within their appropriate age group.
- \* Based on Preliminary results, only two swimmer per Region are eligible to advance to the finals (A or B).

#### 4.6 Entries – Relays Events

- \* The procedure and deadlines for event entries, will be set by the Organizing Committee in accordance with Swimming Canada Rules.
- \* All relay events are time finals.
- \* Each Region may enter one team per relay event.
- \* All 200 meter relays will be mixed gender with two female and two male swimmers.
- \* The 400 Medley Relay & 400 Free Relay swum in Prelim Sessions is a FUN event and will not score for points, placement or medals.

4.7 All Regional Teams must submit entries in Hy-Tek no later than midnight Wednesday July 13, 2016.

4.8 All entries must be from a 25 meter event. Time entries will not be accepted.

#### 5.0 **MEDALS**

Gold, silver, bronze awards will be presented to first, second and third place finishers in each individual event

Gold, silver, bronze awards will be presented to first, second and third place finishers in each 200 mixed relay event in the final sessions.

#### 6.0 **COMPETITIVE UNIFORMS**

- \* All athletes must wear the competitive uniform that will be supplied by Swim Natation Manitoba.
- \* Participants must wear a swim suit conforming to Swimming Canada rule GR 5.

#### **ADDITIONAL INFORMATION**

Additional information may be obtained by contacting:

Mark Fellner  
Executive Director Swim Natation Manitoba  
204-925-5779

[Swim.ed@sportmanitoba.ca](mailto:Swim.ed@sportmanitoba.ca)

206 – 145 Pacific Avenue

Winnipeg MB R3B 2Z6

FINAL