



Hello, and welcome to Manitoba Summer Swimming!

My name is Ben Shewchuk, and I will be the Summer Swim Coordinator for 2016. This is my first time being involved with summer swimming in Manitoba, and I am beyond excited to get started!

I have been involved with swimming for longer than I can remember. I have been a competitive swimmer for over 11 years, swimming with the St. James Seals, the Manitoba Marlins, and now the University of Lethbridge Pronghorns varsity team. I believe that swimming teaches kids a plethora of life skills while giving athletes the opportunity to travel, make life-long friends, and most importantly have a lot of fun. I have experienced these benefits first-hand, and can't wait to encourage the next generation to get involved with the sport I love so much!

I am currently attending the University of Lethbridge in Alberta, taking a degree in Urban Planning. I have a passion for community, and am a strong believer in the importance of sport in young-people's' lives. My degree is all about happiness within communities and cities, and I believe summer swimming is a great way to bring communities together!

When I'm not in the pool or the weight room I love hiking, travelling, listening to music, and watching movies.

I can't wait for this Summer Swim season, and look forward to seeing you on deck! Please contact me with any questions you may have regarding the Summer Swim Program.

Ben Shewchuk

2016 Summer Swim Coordinator

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