SWIM NATATION MANITOBA INC. (SWIM MANITOBA) INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT

(to be executed by parents/guardians of Participants who are 17 years old and younger)

WARNING! Please read carefully! By signing this document, you will assume certain risks and responsibilities

Participant's Name:

Participant's Date of Birth: __

- 1. This is a binding legal agreement. Clarify any questions or concerns before signing. Prior to participating, an individual who is younger than 18 years old and who wants to participate in the sport of swimming and the activities, programs, classes and services provided by, and/or in the events sponsored or organized by Swim Manitoba and its affiliated clubs which may include but is not limited to: competitions, tournaments, practices, training, personal or strength training, dry land training, training using machines or weights, nutritional and dietary programs, orientational or instructional sessions or lessons, and aerobic and anaerobic conditioning programs (collectively the "Activities") must have their legal parent/guardian ("the Parties") acknowledge and agree to the terms outlined in this agreement.
- 2. The undersigned acknowledges and agrees that they are a parent/guardian of the Participant and have full legal responsibility for the decisions of the Participant.

Disclaimer

3. Swim Manitoba and its affiliated clubs and their respective associated or related persons, including but not limited to, directors, officers, committee members, members, employees, coaches, volunteers, officials, participants, contractors, agents, insurers, successors, assigns, sponsors, owners/operators of the facilities in which the Activities take place, and representatives (collectively the "Organization") are not responsible for any injury, property damage, death, expense, loss of income, damage or loss of any kind suffered by the Participant during, or as a result of, the Activities.

Description and Acknowledgement of Risks

- I. The Parties understand and acknowledge that:
 - a) The Activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life
 - b) The Organization has a difficult task to ensure safety and it is not infallible. the Organization may be unaware of the Participant's fitness or abilities, may give incomplete warnings or instructions, may misjudge weather or environmental conditions, and the equipment being used might malfunction
 - c) That Participant is physically sound and suffering from no condition, impairment, disease, infirmity, or other illness that would prevent the Participant's participation. The Parties acknowledge that the Participant has either had a physical examination and have been given a physician's permission to participate or that the Participant has decided to participate without the approval of their physician.
 - d) The Activities may sometimes be conducted by persons who may not be knowledgeable, licensed, certified, or registered instructors or professionals. The Parties accept the fact that the skills and competencies of some of the Organization's employees, agents, representatives or volunteers will vary according to their training and experience and that no claim is made to offer assessment or treatment of any mental or physical disease or condition by those who are not duly licensed, certified or registered and employed to provide such professional services.
 - e) (COVID-19) The COVID-19 disease has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19; however, the Organization cannot guarantee that the Participant will not become infected with COVID-19. Further, participating in the Activities could increase the Participant's risk of contracting COVID-19
- 5. The Participant is participating voluntarily in the Activities. In consideration of that participation, the Parties hereby acknowledge that they are aware of the risks, dangers and hazards and may be exposed to such risks, dangers and hazards. The Parties understand that the Organization may fail to safeguard or protect the Participant from the risks, dangers and hazards of the Activities, some of which are listed below. The risks, dangers and hazards include, but are not limited to:
 - a) Health: executing strenuous and demanding physical techniques; physical exertion; overexertion; stretching; dehydration; fatigue; cardiovascular workouts; rapid movements and stops; lack of fitness or conditioning; traumatic injury; sprains and fractures, spinal cord injuries, bacterial infections; rashes; and the transmission of communicable diseases, including viruses of all kinds, COVID-19, bacteria, parasites or other organisms or any mutation thereof
 - b) Premises: defective, dangerous or unsafe condition of the facilities; falls; collisions with objects, equipment or persons; dangerous, unsafe, or irregular conditions on the ground or other surfaces; extreme weather conditions; and travel to and from the premises
 - c) Use of equipment: mechanical failure of the equipment; negligent design or manufacture of the equipment; the provision of or the failure by the Organization to provide any warnings, directions, instructions or guidance as to the use of the equipment; failure to wear safety or protective equipment; and failure to use or operate equipment within the Participant's own ability
 - d) Contact: contact with participants, equipment, vehicles, or other persons; and other contact that may lead to serious bodily injury, including but not limited to concussions and/or other brain injury or serious spinal injury
 - e) Ability: failing to act safely or within the Participant's own ability or within designated areas
 - f) Sport: the sport of swimming and its inherent risks, including but not limited to, diving, jumping, extended time underwater, time in chlorinated water, falling or colliding with the pool, pool bottom, walls, stands, equipment or other participants
 - g) Conduct: the Participant's conduct and conduct of other persons including any physical altercation between participants
 - h) Travel: travel to and from the Activities

Terms

- 6. In consideration of the Organization allowing the Participant to participate in the Activities, the Parties agree:
 - a) That when the Participant practices or trains in their own space, the Parties are responsible for the Participant's surroundings and the location and equipment that is selected for the Participant
 - b) That the Participant's mental and physical condition is appropriate to participate in the Activities and the Parties assume all risks related to the Participant's mental and physical condition
 - c) To comply with the rules and regulations for participation in the Activities
 - d) To comply with the rules of the facility or equipment
 - e) That if the Participant observes an unusual significant hazard or risk, the Participant will remove themselves from participation and bring their observations to a representative of the Organization immediately
 - f) The risks associated with the Activities are increased when the Participant is impaired and the Participant will not participate if impaired in any way;
 - g) That it is their sole responsibility to assess whether any Activities are too difficult for the Participant. By the Participant commencing an Activity, they acknowledge and accept the suitability and conditions of the Activity
 - h) That they are responsible for the choice of the Participant's safety or protective equipment and the secure fitting of that equipment
 - i) (COVID-19) That COVID-19 is contagious in nature and the Participant may be exposed to, or infected by, COVID-19 and such exposure may result in personal injury, illness, permanent disability, or death
- 7. In consideration of the Organization allowing the Participant to participate, the Parties agree:
 - a) That the Parties are not relying on any oral or written statements made by the Organization or their agents, whether in brochure or advertisement or in individual conversations, to agree to participate in the Activities
 - b) That the Organization is not responsible or liable for any damage to the Participant's vehicle, property, or equipment that may occur as a result of the Activities
 - c) That this Agreement is intended to be as broad and inclusive as is permitted by law of the Province of Manitoba and if any portion thereof is held invalid, the balance shall, notwithstanding, continue in full legal force and effect

Jurisdiction

8. The Parties agree that in the event that they file a lawsuit against the Organization, they agree to do so solely in the Province of Manitoba and they further agree that the substantive law of the Province of Manitoba will apply without regard to conflict of law rules.

Consent to Use of Images

9. The Parties hereby grant the right to use or disclose, without payment of any fee, charge, or compensation of any kind, including royalties, any and all non-focused, background or otherwise unidentifiable photographs, video or other visual media (the Images) of the Participant taken by the Organization for promotional purposes. The Parties also agree to waive any right to approve such use and waive all moral rights they have in such Images in perpetuity.

Consent to Use of Personal Information

10. The Parties understand and agree that the Participant's name and email address may be used to correspond with the Organization regarding their participation, and to send information about current and future programs and services. The Participants further agree that the Organization may also contact the Participant to conduct research in an effort to continually improve programs. The Participants understand and agree that the Participant's personal information will not be used for any other purpose without the Parties consent. The Parties further understand that the Organization makes its contact information available to Sport Manitoba (to confirm rosters team, awards, etc.). The Parties further understand and agree that the Organization may also make the Participant's contact information available to the Province of Manitoba when reasonable (to send congratulations). The Parties understand they may withdraw their consent to any further collection, use, or disclosure of information about you at any time by giving reasonable notice to the Organization.

Acknowledgement

11. The Parties acknowledge that they have read this agreement and understand it, that they have executed this agreement voluntarily, and that this Agreement is to be binding upon themselves, their heirs, their spouses, guardians, next of kin, executors, administrators and legal or personal representatives.

Name of Participant (print)	Signature of Participant (if over 13)	Date
Name of Parent or Guardian (print)	Signature of Parent or Guardian	Date
Name of Witness (print)	Signature of Witness	Date