



Your speakers:

Ken McKinnon

Ken McKinnon has been one of Canada's best swim coaches for almost 50 years. He was head coach of several clubs including Pointe-Claire Swim Club (10 years) and CAMO (8 years). He also acts as the Swim BC provincial coach from 2006 to 2008. Since 2009, McKinnon has been the National Development Coach for Swimming Canada. He has been the coach of eight Olympians: Jennifer Boulianne, Anne Jardin, Nathalie Gingras, Karen Ward, and Julie Daigneault for Canada, as well as David Leblanc (France), Nikia Deveaux (Bahamas) and Christal Clashing (Antigua).



Lindsay Berard

Lindsay Berard believes that with personal insight and passion, we are all capable of truly designing a life we love. As a C. Psych Candidate and Mental Performance Consultant, Lindsay has worked to raise individuals, teams, and organizations in all areas of business, sport, performance, and life. Lindsay loves to break boundaries and draws techniques and strategies from a variety of areas to demand more in the mental health and performance arenas. She brings creative problem solving and high attention to detail and focus into her interactions with others while designing spaces and teams that people genuinely want to be a part of. She is adaptable, engaging, and passionate about supporting women as they break barriers and blend the many aspects of their lives.

Michel Bérubé

Nextgen and Pathways Coach of the Paralympic program for Swimming Canada, he has more than 30 years of experience as an on-deck coach in Canada. A former national team water polo player, Berube's international coaching assignments also include the Sydney 2000 Olympic Games and Eindhoven 2010 IPC World Swimming Championships, and he served as head coach at the Guadalajara 2011 Pan American Games. He was also the technical director at the Fédération de natation du Québec before going to Swimming Canada.





Your panelists



Vlastimil Cerny

Head Coach of the University of Manitoba Swim Team and member of the coaching staff at the 2022 FINA World Championships, Vlastimil will share his experience and lessons learned with the national team.



Tommaso Panizza

Head Coach of the Manta Swim Club Shark and member of the coaching staff at the 2022 Junior Pan Pacific Championships, Tommaso will share his experience and lessons learned with the national team.



Szilvie Carrier

Assistant Coach of the Manta Swim Club Shark and Head Coach of the Manitoba Swimming Team at the 2022 Canada Summer Games, Szilvie will share her experience and lessons learned with the CSG team.

